



The Ticker Times

Patrons: Sir Terence English KBE DL FRCS, Christine Webber
Dr. Iain Brooksby FRCP, Susie Fowler-Watt

MAY 2015

ISSUE 15-143 SUMMER

Dear Members

Welcome to all members.

The April Lunch was really enjoyable, one of the best we have had. Katrina Oates, who holds roles at Papworth Hospital, NHS East and Anglian Ruskin University gave a short chat on how members of our Club might help. Katrina trains students to do diagnostic heart and breathing tests which our members have had. She is seeking anyone willing to go along to student interviews, teaching sessions or team meetings to give advice on the curriculum and method of teaching. If you would like to help please contact our Secretary.

Peter Munday will be taking our Gazebo to the following events: 18th July

Hellesdon Fete, 27th June Poringland Fete and 2nd August Wayland Show. If you can help on the day please give him a ring on 01603 454774. There is a Charities at Home event in the Forum, Norwich on Saturday, 18th July which our Club is attending. Val has had some offers of help but do pop in if you are in the City.

John Fitchew, Allan Moore and Neville Metcalf are undertaking an 8 mile walk around Wymondham on Sunday, 24th May. For more details or to sponsor please contact Allan on 01953 604988.

I look forward to seeing you at one or more of our events this year.

Best Wishes

Bob Spinks, Chairman

Norfolk Zipper Club AGM

Notice is hereby given that the 2015 Annual General Meeting of the Norfolk Zipper Club will take place at Belvedere Community Centre, Belvoir Street, (off Dereham Road), Norwich, NR2 3AZ at 2.30pm on Sunday, 7th June 2015. It is hoped as many members as possible will attend.

Agenda

1. Minutes of the last AGM
2. Matters Arising
3. Treasurer's Report
4. Chairman's Report
5. Election of Officers

According to the Rules, Para G, Note 5, a third of the members of the Committee shall retire each year, these being the longest in office

since their last election. They can, however, be re-elected.

Members due to retire this year are Bob Spinks and Bill Paisley and all have expressed their willingness to be re-elected. There are two vacancies due to Alan Hewett and Derek Blake resigning from the Committee.

Two nominations have been received:

John Fitchew proposed Mavis Metcalf and Allan Moore and this is seconded by Melly Woodhouse.

6. Any Other Business

V M R Cole (Mrs.) Hon. Secretary

If anyone has any nominations to put forward will they please ensure that those nominated are willing to stand. Nominations to be returned to the Secretary at the Office Address by 31st May 2015.

Financial Statement

Money banked 10th January to 5 April 2015

Donation Wayland Show	200.00	Donation George Batchelor	30.00
Donation Eric Noble in lieu Xmas Lights	180.00	Donation Alan Bailey	100.00
Donation Alan Bailey Valentines Dance	325.00	Donation Alan Bailey	350.00
Donation Pamela Hollis	20.00	Donation Mrs D Imrie	100.00
Donation Mr & Mrs T Clarke (car boots)	150.00	Donation Barretts Butchers	82.00
P Williams in memory husband, Geoffrey	10.00	Golden Wedding Alan & Jean Spindler	350.00
Donation Janet Boulter	25.00	Donation Alan Hewett	30.77
Wendy Cushing Coffee Morning	257.00	In Memoriam Alexander Buist	500.00
In Memoriam Brian Claxton	263.00	In Memoriam Ron Upton	30.00
In Memoriam Brian Mason	180.00	In Memoriam Freda Walters	145.00
Xmas Draw sale of cakes	15.00	Store Collection Sainsbury's Hunstanton	167.55
Store Collections Tesco Thetford	319.52	Can A & F Motors	143.60
Easter Egg raffle	53.00	Easy Fundraising	26.56
Virgin Money Giving	285.66	Gross Interest	34.39

Monies Donated last financial year £29,696.97

Charity Account Balance £35,358.53

Club Funds £1,544.45

Bill Paisley, Treasurer

Subscriptions are due 1st May 2015

Annual Subscriptions are now due please. If you would like to change to be a Life Member , just put a note in with your subscription. Please send yours to:

Bill Paisley, 38 Keys Drive, Wroxham, NR12 8SS.

Cheques should be payable to the **Norfolk Zipper Club**.

Full Member £7

Associate Member £6

Full Life Member £50

Associate Life Member £40

Subscriptions are very important as this is the only income we get to run the Club. If you no longer wish to receive this newsletter please let the Secretary know.

Thank you for supporting the Norfolk Zipper Club and thereby Papworth Hospital

Round Norfolk Hike

(left to right) Simon Stokes, Hope (guide dog), Val Cole, Bill Sayer, Alan Hewett, Robin Cushing, Wendy Cushing, David Cole

Bill Sayer embarked on his Round Norfolk Walk, eventually walking 230 miles in 13 days and spending most nights camping out in the “wilds” of Norfolk.

On 4th March Bill headed south from where Pedders Way crosses the A47 at Swaffham and spent his first night in Thetford Forest. He



could hear Deer barking all around and woke in the morning to thick ice on puddles.

After two days Bill realised he would have to dump non-essentials (most warm clothes, over sleeping bag, some food and a water bottle) from his rucksack making it 15KG. Using Angles Way and following the River Waveney to Yarmouth he joined Weavers Way to Sea Palling where he had a rest day. He was joined here by Vicar, Simon Stokes and his lovely Guide Dog, Hope.

On to Blickling Hall with heavy rain and then the North Norfolk Coastal Path where Simon and Hope left Bill to carry on to Wells where he stayed overnight in a B&B, enjoying a hearty breakfast to give renewed energy, Continuing back onto Pedders Way he spent the last night in Castle Acre with just 6 miles to do on the last day.

Bill said everywhere people asked him what he was doing and spontaneously donated. He said we are so privileged to live in such a varied County, from the uplands of Pedders Way, forests of Thetford, the heaths and water meadows of the Broads, Cromer hills, cliffs and Salt Marshes all teaming with wildlife.

In the picture above Bill, Simon and Hope came to Tesco (permission was asked!) while Val & David were doing the 3-5pm slot of a store collection. Bill presented Val with a cheque for £550. This represented half of the money raised with the other half going to 45th Norwich Scout Group.

Thanks to Alan Hewett for arranging the presentation and to Robin & Wendy Cushing who stayed after doing the 1-3pm slot. It was a shame an EDP photographer was unable to attend, details and photos will be given to them so, keep an eye out.

Thank you Bill for thinking of the Norfolk Zipper Club (Papworth Hospital Charity), the money will be well spent to help patients from Norfolk & Suffolk. It must have been challenging at times but what an achievement.

Well Done!



Supermarket Collections



Fri/Sat 5-6 June Morrisons, Fakenham

Fri 12 June Morrisons, Old Catton, Norwich

Fri 3rd July Sainsbury's Thetford

Fri/Sat 7-8 August Morrisons, Cromer

Fri 7 August, Tesco, George Westwood Way, Beccles

Fri/Sat 21-22 August Morrisons, Wymondham

Can you help at any of the above collections, for 2 hours? If so please give our secretary, Val a ring on 01508 492876. We usually start at 9 am and finish at 5pm. The time goes quickly as lots of people talk to you, about anything, as well as Papworth!

We have less dates given to us this year. Tesco dates are allocated in London and they seem overwhelmed with requests. Sainsbury's are reducing days due to Charity Partners and asking customers to contribute less often.

Still we plod on, it's a good source of income, for example John Fitchew organised a two and half day collection at Morrisons, Dereham and raised £1,105.26.

Thanks to everyone who has helped on this year's collections so far.

Diary Dates

Sunday, 7th June AGM Details on page 1 Please Note: this is at Belvedere Community Centre

Saturday, 19th September Doreen Dye is having a **Coffee Morning** at Salhouse Jubilee hall, Lower Street, NR13 6RH. Its 10am till 12 Noon and will have all the usual stalls, cakes, tombola, raffle, books and bric a brac.

Sunday, 18th October Club Meeting 2.30-4.15pm Cringleford Church Hall, Newmarket Road, NR4 6UE

Sunday, 6th December Christmas Lunch—details in next newsletter, but keep this day free.

Sunday, 13th December Annual Christmas Draw at Cringleford Church Hall 2.30pm

September Lunch/Club Meeting

Oaklands Hotel

Wednesday, 9th September 2015

12 Noon for 12.30 meal

This will be a 2 course meal with a carvery meal or vegetarian option followed by desert and coffee. £8.50

To reserve a place please contact Val Cole following the details to the right of this box.

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